

Contributors xv

Introduction 3

BARBARA S. MCCRADY

ELIZABETH E. EPSTEIN

**I. Epidemiology, Etiology, and Course of
 Substance Use Disorders**

- 1. Alcohol and Drug Use, Abuse, and
 Dependence: Classification, Prevalence,
 and Comorbidity 9**

BRIDGET F. GRANT

DEBORAH A. DAWSON

- 2. The Course of Treated and Untreated
 Substance Use Disorders: Remission and
 Resolution, Relapse and Mortality 30**

JOHN W. FINNEY

RUDOLF H. MOOS

CHRISTINE TIMKO

**3. Theories of Etiology of Alcohol and Other
Drug Use Disorders 50**

MICHIE N. HESSELBROCK

VICTOR M. HESSELBROCK

ELIZABETH E. EPSTEIN

**II. Specific Drugs of Abuse: Pharmacological
and Clinical Aspects**

4. Alcohol 75

DARLENE H. MOAK

RAYMOND F. ANTON

5. Sedative-Hypnotic and Anxiolytic Agents 95

KATHLEEN T. BRADY

HUGH MYRICK

ROBERT MALCOLM

6. Stimulants: Amphetamines and Cocaine 105

MICHAEL F. WEAVER

SIDNEY H. SCHNOLL

7. Cannabis and Hallucinogens 121

ROBERT S. STEPHENS

8. Opioids 141

SUSAN M. STINE

THOMAS R. KOSTEN

9. Nicotine 162

JOHN SLADE

10. Other Drugs of Abuse: Inhalants, Designer
Drugs, and Steroids 171

ROBERT PANDINA

ROBERT HENDREN

**III. Case Identification, Assessment, and
Treatment Planning**

11. Assessment Strategies and Measures in
Addictive Behaviors 187

DENNIS M. DONOVAN

12. Treatment Decision Making and
Goal Setting 216

RONALD M. KADDEN

PAMELA M. SKERKER

IV. Treatment

13. Enhancing Motivation for Treatment and
Change 235

CAROLINA E. YAHNE

WILLIAM R. MILLER

14. Behavioral and Cognitive Behavioral
Treatments 250

KATHLEEN M. CARROLL

15. The Disease Model 268

TIMOTHY SHEEHAN

PATRICIA OWEN

16. Treatment Models and Methods: Family
Models 287

TIMOTHY J. O'FARRELL

WILLIAM FALS-STEWART

17. The Therapeutic Community Treatment
Model 306

GEORGE DE LEON

18. Self-Help Groups for Addictions 328
JOSEPH NOWINSKI
19. Pharmacotherapies 347
WAYNE S. BARBER
CHARLES P. O'BRIEN
20. Relapse Prevention: Maintenance of Change
After Initial Treatment 370
LORI A. QUIGLEY
G. ALAN MARLATT
21. Treatment of Drug and Alcohol Abuse:
An Overview of Major Strategies and
Effectiveness 385
JOHN P. ALLEN
RAYE Z. LITTEN

V. Practice Issues

22. Legal and Ethical Issues 399
FREDERICK B. GLASER
DAVID G. WARREN
23. Credentialing, Documentation, and
Evaluation 414
THERESA B. MOYERS
REID K. HESTER
24. Interfaces between Substance Abuse Treatment
and Other Health and Social Systems 421
SUSAN J. ROSE
ALLEN ZWEBEN
VIRGINIA STOFFEL

VI. Issues in Specific Populations

25. Treatment of Persons with Dual Diagnoses of
Substance Use Disorder and Other
Psychological Problems 439
RICHARD N. ROSENTHAL
LAURENCE WESTREICH
26. Age-Limited Populations: Youth, Adolescents,
and Older Adults 477
PILAR M. SANJUAN
JAMES W. LANGENBUCHER

27. Ethnic and Cultural Minority Groups 499

FELIPE G. CASTRO

RAE JEAN PROESCHOLDBELL

LYNN ABEITA

DOMINGO RODRIGUEZ

28. Women 527

EDITH S. LISANSKY GOMBERG

29. Gay Men, Lesbians, and Bisexuals 524

RODGER L. BEATTY

MICHELLE O. GECKLE

JAMES HUGGINS

CAROLYN KAPNER

KAREN LEWIS

DOROTHY J. SANDSTROM

**VII. Prevention, Policy, and Economics of
Substance Use Disorders**

30. Prevention Aimed at Individuals: An Integrative
Transactional Perspective 555

MARY ANN PENTZ

31. Prevention Aimed at the Environment 573

HAROLD D. HOLDER

32. Economic Issues and Substance Use 595

JEFFREY MERRILL

Index 611