

# Contents

Foreword	vii
Preface	ix
Acknowledgements	xiii
Dedication	xvii
1. Early intervention in psychosis – rationale and overview of clinical management	1
2. Key service elements – (a) early recognition and assistance	15
3. Key service elements – (b) initial assessment and treatment	31
4. Key service elements – (c) promoting recovery	47
5. Multi-component early intervention – models of good practice	63
6. Developing an early psychosis service – ‘nuts and bolts’	85
7. Comprehensive evaluation and early psychosis services – ‘checks and balances’	107
8. Real-world considerations	127
9. Draft consensus statement – principles and practice in early psychosis	145

Appendix 1 – Psychoeducation resource material for early psychosis – source details	157
Appendix 2 – Summary of recommendations from Australian Clinical Guidelines for Early Psychosis	159
Appendix 3 – Euro FESN Consensus: Optimum First Episode Care	161
References	163
Index	177