

Dedication	v
Preface	vii
Acknowledgements	ix
1 The dermatological diagnosis	1
The history	1
The examination	2
Vocabulary	3
Morphology of the lesions	13
Distribution of the lesions	19
Summary	21
Tools of the trade	21
The dermatologist and colleagues	22
2 The structure and function of normal skin	23
Introduction to skin structure	23
Structure of the epidermis	24
Epidermal appendages	28
The nail	31
The dermis	32
Cutaneous blood vessels	33
Cutaneous nerves	33
Subcutaneous fat	33
3 Eczema	35
Atopic dermatitis (atopic eczema)	38
Infantile seborrhoeic dermatitis	47
Napkin dermatitis	49
Adult seborrhoeic dermatitis	52
Discoid (nummular) eczema	54
Pompholyx (dyshidrotic eczema)	56
Juvenile plantar dermatosis	59
Lichen simplex	60
Lichen striatus	61
4 Contact dermatitis	63
Primary irritant dermatitis of the hands	63
Asteatotic eczema (eczema craquelé)	64
Allergic contact dermatitis	64
Plant contact dermatitis	73
Phytophotodermatitis	74
Photoallergic contact dermatitis	75
Berloque dermatitis	76
5 Psoriasis	77
Psoriasis vulgaris	79
Subacute and acute psoriasis	80
Erythrodermic psoriasis	81
Pustular psoriasis of the palms and soles	82
• Palmo-plantar pustulosis	83
• Acrodermatitis continua of hallopeau	83
Generalized pustular psoriasis	84
Guttate psoriasis	86

HIV and psoriasis	87
Reiter's syndrome	88
Psoriasis of the nails	89
Psoriatic arthropathy	90
6 Pityriasis rosea and pityriasis rubra pilaris	97
<i>Pityriasis rosea</i>	97
<i>Pityriasis rubra pilaris</i>	103
7 Lichen planus and lichenoid eruptions	107
Lichen planus	107
8 Naevi and developmental defects	123
Epidermal naevi	123
• Epidermal naevus	123
• Sebaceous naevus	125
Follicular naevi	126
• Comedo naevus	126
Apocrine naevi	127
• Syringocystadenoma papilliferum	127
• Becker's naevus	128
• Epidermal naevus syndrome	129
Dermal and subcutaneous naevi	129
• Connective tissue naevus	129
Fat naevi	130
• Naevus lipomatosus superficialis	130
Congenital smooth muscle naevi	130
Congenital vascular anomalies	131
• Infantile haemangioma	131
• Vascular malformations	133
• Port wine stain (naevus flammeus)	133
• Spider naevus	135
• Venous malformations	136
• Angioma serpiginosum	137
• Cutis marmorata telangiectatica congenita	137
Angiokeratomas	138
• Angiokeratoma of mibelli	138
• Angiokeratoma corporis diffusum	139
• Naevus anaemicus	140
• Blue rubber bleb naevus syndrome	140
Lymphatic malformations	141
• Lymphangioma circumscriptum	141
Developmental defects	142
9 Benign tumours of the skin	145
Cutaneous cysts	145
• Epidermoid cyst	145
• Milia (whiteheads)	146
• Pilar (tricholemmal) cyst	148
• Steatocystoma multiplex	148
• Eruptive vellus hair cysts	149
Epidermal tumours	150
• Seborrhoeic wart	150

• Acanthoma fissuratum	153
• Clear cell acanthoma of degos	153
• Skin tags (fibroepithelial polyps)	154
Sweat gland tumours	155
• Eccrine hidrocystoma	155
• Eccrine poroma	155
• Hidroacanthoma simplex	157
• Syringoma	157
• Spiradenoma	159
• Chondroid syringoma	159
Apocrine gland tumours	160
• Apocrine hidrocystoma (cystadenoma)	160
Hair follicle tumours	160
• Dermal cylindroma	160
• Trichofolliculoma	161
• Multiple trichoepithelioma	162
• Trichilemmoma	163
• Birt–Hogg–Dubé syndrome	164
• Calcifying epithelioma of malherbe	164
Sebaceous gland tumours	166
• Senile sebaceous hyperplasia	166
• Sebaceous adenoma	166
Fibrous tissue tumours	167
• Hypertrophic scars and keloids	167
Fibrohistiocytic tumours	169
• Dermatofibroma	170
• Juvenile xanthogranuloma	172
Tumours of nervous tissue	173
• Neurofibroma and neurilemmoma	173
• Granular cell tumour	174
Tumours of adipose tissue	174
• Lipoma	174
Tumours of muscular tissue	175
• Smooth muscle tumours (leiomyoma)	175
Tumours of vascular origin	177
• Haemangioma (cherry haemangioma)	177
• Pyogenic granuloma	178
• Angiolymphoid hyperplasia with eosinophilia	179
Angiokeratomas	180
• Solitary angiokeratoma	181
• Angiokeratoma of the genitalia	181
• Glomus tumour	182
• Calcinosis cutis	183
Dental abscess	184

10 Non-melanoma skin cancer 185

Solar damage and skin cancer	185
Solar keratosis	190
Actinic cheilitis	191
Disseminated superficial actinic porokeratosis	191
Bowen's disease	192
Intraepidermal carcinoma of the genitalia	194
Bowenoid papulosis	195
Keratoacanthoma	196
Squamous cell carcinoma	197
Atypical fibroxanthoma	203
Basal cell carcinoma	203
• The rodent ulcer	205
• Pigmented basal cell carcinoma	205
• Cystic basal cell carcinoma	206
• Morphoeic basal cell carcinoma	206
• Superficial basal cell carcinoma	207

• Fibroepithelial tumour of pinkus	208
• Basal cell naevus syndrome	209
Merkel cell tumour	214
Sebaceous carcinoma	215
Microcystic adnexal carcinoma	215
Dermatofibrosarcoma protuberans	216
Cutaneous angiosarcoma	217
Kaposi's sarcoma	218

11 Moles and melanoma 221

Melanocytic naevi	221
• Congenital melanocytic naevus	221
• Giant bathing trunk naevus	222
• Junctional melanocytic naevus	223
• Compound naevus	224
• Intradermal (naevocellular) naevus	225
• Blue naevus	226
• Naevus of ota	226
• Naevus depigmentosus (achromicus)	227
• Incontinentia pigmenti achromicus of Ito	228
• Café-au-lait patch	228
• Naevus spilus	229
• Halo naevus (Sutton's naevus)	230
• Mayerson's naevus	230
• Pigmented spindle cell tumour of Reed	231
• Spitz naevus (juvenile melanoma)	232
Malignant melanoma	233
• Atypical mole syndrome	234
Subtypes of cutaneous malignant melanoma	235
• Lentigo maligna melanoma	235
• Intraepidermal malignant melanoma	236
• Superficial spreading malignant melanoma	237
• Acral lentiginous malignant melanoma	239
• Mucosal melanoma	240
• Subungual melanoma	241
• Papular and nodular malignant melanoma	242
• Desmoplastic melanoma	245

12 Mycosis fungoides and lymphoproliferative disorders of the skin 251

Small, benign type parapsoriasis en plaques	251
Mycosis fungoides	252
Sézary syndrome	259
Lymphomatoid papulosis	260
Follicular mucinosis	261
Adult T cell leukaemia/lymphoma	262
Other cutaneous T cell lymphomas	263
B cell lymphomas	265
Myeloid malignancies	266
Pseudolymphomas of the skin	266
• Lymphocytoma cutis	267
Benign lymphocytic infiltrations of the skin	268
• Jessner's lymphocytic infiltrate	268

13 Bacterial and spirochaetal infections 269

Impetigo	269
Staphylococcal scalded skin syndrome	271
Septic folliculitis (Bockhart's impetigo)	272
Furunculosis	273
Scarlet fever (Scarletina)	274
Blistering distal dactylitis	275

Erysipelas and cellulitis	275
Toxic shock syndrome	276
Necrotizing fasciitis	277
Kawasaki disease	277
Erysipeloid	279
Erythrasma	279
Trichomycosis axillaris	280
<i>Pseudomonas</i> infections	280
• <i>Pseudomonas</i> folliculitis	281
• <i>Pseudomonas</i> infection of the toe webs	282
Mycobacterial infections of the skin	282
• Tuberculosis of the skin	282
• Tuberculous chancre	283
• BCG granuloma	283
• Lupus vulgaris	283
• Tuberculosis verrucosa cutis	284
• Scrofuloderma	285
• Erythema induratum (Bazin's disease)	285
• Tuberculids	286
Atypical mycobacteria	286
• Fish-tank and swimming pool granuloma	287
Syphilis	288
• Primary syphilis	288
• Secondary syphilis	289
• Secondary relapse and latent syphilis	292
• Tertiary syphilis	292
• Congenital syphilis	292
Yaws	294
• Primary (mother) yaws	294
• Secondary yaws	294
• Tertiary yaws	294
• Bejel (endemic) yaws	295
Pinta	295
Lyme disease	296
Chancroid	296
Lymphogranuloma venereum (Lymphogranuloma inguinale)	297
Granuloma inguinale (Donovanosis)	298
Rocky Mountain spotted fever	299
Meningococcaemia	299
Gonococcaemia	301
Leptospirosis	301
Anthrax	302

14 Viral disorders of the skin 303

Measles (Rubeola)	303
Rubella (German measles)	304
Erythema infectiosum (Fifth disease)	305
Roseola infantum (Exanthem subitum)	306
Herpes simplex	307
• Primary infection	307
• Recurrent herpes simplex	308
Chickenpox (Varicella)	311
Herpes zoster	313
Infectious mononucleosis	315
Cytomegalovirus	315
Variola (Smallpox) and vaccinia	316
Molluscum contagiosum	317
Orf (Ecthyma contagiosum)	318
Warts	319
Corns and callosities	323
Hand, foot and mouth disease	325

Herpangina	326
Human immunodeficiency virus	326
15 Superficial fungal disorders of the skin	331
Candidiasis	331
• Oral candidiasis (thrush)	332
• Angular cheilitis	332
Genital candidiasis	332
• Candida vulvovaginitis	332
• Candida balanitis	333
• Candida intertrigo	333
Pityriasis versicolor	335
Pityrosporum folliculitis	338
Tinea (Ringworm)	338
• Tinea capitis	340
• Tinea corporis	344
• Tinea cruris	346
• Tinea pedis	347
• Trichophyton rubrum hand infections	348
Scytalidium infections	350
Piedra	350
Tinea nigra	351
16 Infestations of the skin	353
Scabies	353
Pediculosis	357
• Pediculosis capitis	358
• Pediculosis corporis	358
• Pediculosis pubis	358
Insect bites	360
17 Tropical infections of the skin	365
Leprosy	365
Buruli ulcer	369
Leishmaniasis	370
• Systemic leishmaniasis	370
• Cutaneous leishmaniasis	371
• American mucocutaneous leishmaniasis	373
Schistosomiasis (Bilharzia)	375
Dracunculosis	375
Filariasis	376
Loiasis	377
Onchocerciasis	378
Ancylostomiasis (Hookworm)	379
Strongyloidiasis	380
Larva migrans (Creeping eruption)	380
Chromoblastomycosis	381
Sporotrichosis	382
Mycetoma	383
Histoplasmosis (Darling's disease)	384
Blastomycosis (Gilchrist's disease)	385
Coccidioidomycosis	385
Cryptococcosis	387
Tumbu fly infection	388
Tungiasis (Jiggers)	388
18 Reactive disorders of the skin and adverse drug reactions	389
Toxic erythema	389
• Toxic erythema of the newborn (erythema toxicum neonatorum)	389

Erythema multiforme	391
Stevens–Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN)	393
Annular erythema	394
• Erythema annulare centrifugum	394
• Erythema gyratum repens	395
• Erythema marginatum rheumaticum	395
Urticaria and angio-oedema	396
Hereditary angio-oedema	400
Purpura and vasculitis	400
• Vasculitis	401
• Henoch–Schönlein purpura	403
• Serum sickness	405
• Purpura fulminans	405
• Acute febrile neutrophilic dermatosis	407
• Pyoderma gangrenosum	408
• Erythema elevatum diutinum	408
• Granuloma faciale	410
Panniculitis	410
• Nodular vasculitis	411
• Erythema nodosum	412
• Polyarteritis nodosa	413
Livedoid vasculopathy	415
Degos' syndrome (Malignant atrophic papulosis)	416
Pityriasis lichenoides	416
• Pityriasis lichenoides acuta et varioliformis	417
• Pityriasis lichenoides chronica	417
Papular acrodermatitis of childhood	419
Capillaritis (Pigmented purpuric eruptions)	420
Fixed drug eruption	421
Graft-versus-host disease	422
Drug eruptions	425
Light eruptions	431
• Phototoxic drug eruptions	431
• Polymorphic light eruption	433
• Chronic actinic dermatitis	434

19 Blistering disorders of the skin 437

Bullous pemphigoid	437
Mucous membrane pemphigoid	441
Epidermolysis bullosa acquisita	443
Pemphigus	444
Pemphigus vulgaris	445
• Pemphigus vegetans	448
• Pemphigus foliaceus	448
• Pemphigus erythematosus	450
• Rare variants of pemphigus	450
Dermatitis herpetiformis	451
Adult linear IgA disease	453
Chronic bullous dermatosis of childhood	454
IgA pemphigus	454

20 Developmental disorders of the skin 457

Ichthyosis	457
• Ichthyosis vulgaris	458
• X-linked ichthyosis vulgaris	459
• Lamellar ichthyosis and congenital non-bullous ichthyosiform erythroderma	460
• Congenital bullous ichthyosiform erythroderma of Brocq	462
Netherton's syndrome	464
Keratosis pilaris	465

Erythrokeratoderma variabilis	467
Palmar-plantar keratoderma	467
Pityriasis rotunda	470
Darier's disease	470
Hailey–Hailey disease	472
Transient and persistent acantholytic dermatosis	474
Perforating keratotic disorders	475
• Kyrle's disease	475
• Elastosis perforans serpiginosa	476
Porokeratosis	476
Epidermolysis bullosa	478
• Epidermolysis bullosa simplex	479
• Junctional epidermolysis bullosa	480
• Dominant dystrophic epidermolysis bullosa	481
• Autosomal recessive dystrophic epidermolysis bullosa	483
Incontinentia pigmenti	484
Developmental disorders associated with pigmented macules	486
• Peutz–Jeghers syndrome	487
• Neurofibromatosis	488
Tuberous sclerosis	489
Ectodermal dysplasia	490
• Hypohidrotic ectodermal dysplasia	491
• Trichorhinophalangeal syndrome	492
• Ectrodactyly, ectodermal dysplasia cleft lip/palate (EEC) syndrome	493
• Hereditary haemorrhagic telangiectasia	493
Proteus syndrome	494
Syndromes associated with DNA instability	494
• Xeroderma pigmentosum	495
• Dyskeratosis congenita	496
• Ataxia telangiectasia	498
• Rothmund–Thomson syndrome	498
• Focal dermal hypoplasia syndrome	499
Inherited disorders of connective tissue	500
• Ehlers–Danlos syndrome	500
• Pseudoxanthoma elasticum	501

21 Connective tissue disorders 505

Lupus erythematosus	505
• Discoid lupus erythematosus	506
• Subacute lupus erythematosus	509
• Systemic lupus erythematosus	510
The antiphospholipid syndrome	512
Dermatomyositis	513
Scleroderma	517
• Systemic sclerosis	517
• Eosinophilic fasciitis	519
Scleroderma of Buschke	520
Lichen myxoedematosus	521
Morphoea	521
Lichen sclerosis et atrophicus	523
Relapsing polychondritis	525

22 The skin and systemic disease 527

Sarcoidosis	527
Mastocytosis	531
Carcinoid syndrome	534
The histiocytoses	534
• Langerhans' cell histiocytosis	535
• Type II non-Langerhans' cell histiocytoses	537

• Multicentric reticulohistiocytosis	538
• Xanthoma disseminatum	539
Xanthomatoses	541
Amyloidosis	544
• Primary amyloidosis	544
• Lichen amyloid	545
• Macular amyloid	545
• Nodular or plaque amyloid	546
• Systemic amyloidosis	546
Endocrine abnormalities	548
• Diabetes mellitus	548
• Necrobiosis lipoidica diabetorum	550
• Granuloma annulare	550
• Pituitary abnormalities	553
• Thyroid disease	554
• Pretibial myxoedema	555
• Adrenal disease	556
Metabolic disorders	559
• The porphyrias	559
• Congenital erythropoietic porphyria	559
• Erythropoietic protoporphyria	561
• Porphyria cutanea tarda	561
• Variegate porphyria	563
• Hereditary coproporphyria	564
• Acute intermittent porphyria	564
Disorders of joints	564
• Rheumatoid arthritis	564
• Behçet's syndrome	566
Disorders of the gastrointestinal tract	567
• Liver disease	567
• Disorders of the bowel	569
• Acrodermatitis enteropathica	570
• Pancreatic disorders	572
Renal insufficiency	572
Disorders associated with malignant disease	573
• Malignant acanthosis nigricans	575
• Necrolytic migratory erythema	576
• Paget's disease	578
Generalized pruritus	579
• Prurigo	580

23 Skin manifestations of disordered circulation 581

Gravitational/Stasis eczema and ulceration	581
Arterial leg ulcers	585
Perniosis (Chilblains)	588
Raynaud's phenomenon	590
Erythema ab igne	591
Pressure sores	591
Deckchair legs	592
Arteriovenous malformations and fistulae	593
Lymphoedema	593

24 Disorders of sebaceous, sweat and apocrine glands 597

Diseases of the sebaceous gland	597
• Acne	597
• Acne excoriée des jeunes filles	605
Rosacea	606
Perioral and periorbital dermatitis	609
Acne agminata	610

Hidradenitis suppurativa	611
Disorders of the sweat gland	612
• Miliaria	612
• Idiopathic local hyperhidrosis	612
• Pitted keratolysis	614
Body odour	614
Disorders of the apocrine glands	615
• Fox–Fordyce disease (apocrine miliaria)	615

25 Nail disorders 617

Nail infections	617
• Acute paronychia	617
• Chronic paronychia	618
• Tinea unguium	621
• <i>Pseudomonas</i> infections	622
Inflammatory disorders of the nails	623
• Psoriasis of the nails	623
• Lichen planus	626
• Alopecia areata	626
• Eczema	627
• Twenty nail dystrophy of childhood	627
• Parakeratosis pustulosa	628
Onycholysis of the nails	628
Systemic causes of nail changes	629
• Beau's lines	630
• Yellow nail syndrome	632
Abnormal circulation and the nails	633
Drugs	633
Nail trauma	634
• Lamellar nail dystrophy	636
• Nail cosmetic dystrophy	637
Conditions surrounding the nails	637
Congenital disorders of the nails	640
• Median nail dystrophy	641
• Nail patella syndrome	642
• Pachyonychia congenita	643
• Nail en raquette	644

26 Disorders of the hair and scalp 645

Constitutional hirsutism	647
Telogen and anagen effluvium	649
• Telogen effluvium	649
Diffuse hair loss	649
• Male pattern alopecia	650
Skin disorders affecting the hair and scalp	651
• Alopecia areata	651
• Pityriasis amiantacea	655
• Trichotillomania	656
• Traction alopecia	656
• Scarring alopecia	657
• Dissecting cellulitis of the scalp	658
• Folliculitis decalvans	660
• Erosive pustular dermatosis of the scalp	660
• Folliculitis	661
Structural defects of hair	662
• Monilethrix	662
• Pili torti	663
• Trichorrhexis nodosa	664
• Trichothiodystrophy	664
• Menke's disease (kinky hair disease)	666
• Trichostasis spinulosa	666

27 Disorders of pigmentation	667
Generalized diffuse hyperpigmentation	668
Localized hyperpigmentation	670
• Melasma (chloasma)	670
• Exogenous ochronosis	672
• Generalized ochronosis (alkaptonuria)	673
Postinflammatory hyperpigmentation	674
• Reticulated pigmented anomaly of the flexures	674
• Erythema dyschromicum perstans	676
• Poikiloderma of civatte	676
Hypopigmentation	677
• Vitiligo	677
• Albinism	680
• Piebaldism	682
Postinflammatory hypopigmentation	682
• Pityriasis alba	682
• Idiopathic guttate hypomelanosis	683
Non-melanin pigmentary disorders	684
• Carotenaemia	684
28 Skin disorders associated with pregnancy and the reproductive system	685
Pregnancy	685
Polymorphic eruption of pregnancy	687
Pemphigoid gestationis	687
Menstruation	689
The vulva and surrounding skin	689
Skin disorders affecting the nipple and breast	691
Differential diagnosis of penile conditions	694
29 Psychological disorders of the skin	697
Appropriate reactions	697
Overconcern regarding minor blemishes	697
Lack of abnormal physical signs	697
Phobias	698
• Delusional parasitosis	698
Exacerbations of skin disorders by emotional factors	699
Dermatoses with a psychological aspect	699
• Neurotic excoriations	700
• Dermatitis artefacta	701
Index	705