

# Contents

Preface ix

Acknowledgements xiii

List of illustrations xv

- 1 Philosophy as a way of life 1
  - 2 Becoming an individual 24
  - 3 Humanism: for and against 45
  - 4 Authenticity 63
  - 5 A chastened individualism? Existentialism and  
social thought 81
  - 6 Existentialism in the 21st century 104
- References 126
- Further reading 129
- Glossary 133
- Index 136