

CONTENTS

| | |
|--|------------|
| <i>List of figures</i> | <i>ix</i> |
| <i>List of tables</i> | <i>xii</i> |
| <i>Notes on contributors</i> | <i>xiv</i> |
| | |
| 1 Introduction <i>Paul Erdkamp and Claire Holleran</i> | 1 |
| | |
| PART I | |
| Evidence and methodology | 15 |
| | |
| 2 Textual evidence: Roman reflections of realities <i>Kim Beerden</i> | 17 |
| | |
| 3 Visual evidence: Picturing food and food culture in Roman art <i>Shana D. O'Connell</i> | 26 |
| | |
| 4 Material evidence on diet, cooking and techniques <i>L.M. Banducci</i> | 36 |
| | |
| 5 Investigating Roman diet through archaeobotanical evidence <i>Alexandra Livarda</i> | 51 |
| | |
| 6 The contribution of zooarchaeology <i>Paul Halstead</i> | 64 |
| | |
| 7 The bioarchaeology of Roman diet <i>Chryssi Bourbou</i> | 77 |

| | |
|---|------------|
| PART II | |
| Food and drink | 91 |
| 8 Roman meals in their domestic and wider settings <i>John Donahue</i> | 93 |
| 9 Cereals and bread <i>Frits Heinrich</i> | 101 |
| 10 Pulses <i>Frits Heinrich and Annette M. Hansen</i> | 116 |
| 11 Olives and olive oil <i>Erica Rowan</i> | 129 |
| 12 Wine and other beverages <i>Wim Broekaert</i> | 140 |
| 13 Meat and other animal products <i>Michael MacKinnon</i> | 150 |
| 14 Fish and seafood <i>Annalisa Marzano</i> | 163 |
| PART III | |
| Peoples and identities | 175 |
| 15 Women, children and food <i>Christian Laes</i> | 177 |
| 16 Central and northern Europe <i>Tünde Kaszab-Olschewski</i> | 189 |
| 17 Jews in Palestine <i>David Kraemer</i> | 208 |
| 18 Egypt <i>Willy Clarysse</i> | 218 |
| 19 The impact of Christianity <i>Emmanuelle Raga</i> | 229 |

PART IV

A forum on energy, malnutrition and stature 243

- 20 Using skeletal remains as a proxy for Roman lifestyles: the potential
and problems with osteological reconstructions of health, diet,
and stature in imperial Rome 245

Kristina Killgrove

- 21 Comparative perspectives on nutrition and social inequality in the
Roman world 259

Geoffrey Kron

- 22 Skeletons in the cupboard? Femurs and food regimes in the Roman
world 273

Miko Flohr

PART V

Food on the market and in politics 281

- 23 Market regulation and intervention in the urban food supply 283

Claire Holleran

- 24 Famine and hunger in the Roman world 296

Paul Erdkamp

Bibliography 308

Index 359